Coill Dubh N.S. Coill Dubh Naas Co. Kildare Phone: (045) 860023 Fax: (045) 860023



S.N. Coill Dubh Coill Dubh Nás na Ríogh Co. Chill Dara Guthán: (045) 860023

(045) 860023

7th September 2011I

Re: Nut Allergy

Dear Parents

A child attending our school has a severe allergic reaction to peanuts/nuts. This allergic reaction (anaphylactic shock) can occur through ingestion of peanut/nut products, cross contamination and breathing peanuts in the air.

Since this condition can be life threatening, we are asking for your help in minimising the risk to this child by:

- a) Avoiding giving children peanuts in school lunches
- b) Avoiding giving peanut butter sandwiches, chocolate spread as they usually contain nuts and snacks/bars obviously containing nuts (Snickers, Kinder Bueno etc.) in school lunches
- c) Asking children **not** to share their lunches.

This child also has an allergy to eggs that is not life threatening but can cause a very unpleasant reaction. Please do not send hard boiled eggs or egg sandwiches in your children's lunches. Mayonnaise does not present a problem and can be used.

We are aware that this may cause some inconvenience around the preparation of lunches however due to the severity of the problem, it is important that all parents carry out the suggested measures and reduce the risk of allergic reaction to this child.

We thank you for your co-operation.

Jøe/Leacy (Principal)