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Physical Education

- **Title P.E**

- **Introductory Statement and Rationale**

- (a) **Introductory Statement**

- The plan was formulated on 27th Jan. 2006. All members of staff were present.

- (b) **Rationale**

- We believe all children should be given the opportunity to participate in a range of physical activities to facilitate their holistic development. We consider PE to be of equal importance to all other curricular areas.

- **Vision and Aims**

- (a) **Vision**

- This plan should be read in the context of our mission statement.

- (b) **Aims**

- We endorse the aims of the Primary School Curriculum for PE*

- *To promote the physical, social, emotional and intellectual development of the child*
 - *To develop positive personal qualities*
 - *To help in the acquisition of an appropriate range of movement skills in a variety of contexts*
 - *To promote understanding and knowledge of the various aspects of movement*
 - *To develop an appreciation of movement and the use of the body as an instrument of expression and creativity*
 - *To promote enjoyment of, and positive attitudes towards, physical activity and its contribution to lifelong health-related fitness, thus preparing the child for the active and purposeful use of leisure time.*

- **Curriculum Planning**

- 1. Strands and Strand Units**

- The PE curriculum for each year will include the strands:

- **Athletics**
 - **Dance**
 - **Gymnastics**
 - **Games**
 - **Outdoor and Adventure Activities**

- The Aquatics strand will be implemented from 4th – 6th when practicable.

- Teachers will ensure that there is continuity and progression from class to class by keeping a record of content covered at each level which will briefly detail the level of engagement in each strand. (Ref. Appendix A)

- In the teaching of the PE curriculum due consideration will be given to the differing physical development of children.

2. Approaches and Methodologies

A combination of the following approaches will be used.

- * Direct teaching.**
- * Guided discovery**
- * Integration**

To encourage the maximum participation by the child through group work the following methodologies will be used.

- Individual, pair, group and team play p. 51
- Station teaching pp. 51-53
- Using a play area divided into grids p. 54

3. Assessment and Record Keeping

Assessment is continuous.

We Assess:

- **Social and personal qualities of the child**
- **Physical skills and competence**
- **Knowledge and understanding related to physical education**
- **Creative and aesthetic development**
- **Development of health related fitness**
- **Development of safe practices**

Ref. Curriculum Pg. 70/ 71

The assessment tools used to gather information about a child's progress:

- **Teacher observation**
- **Teacher designed tasks**

The information gathered informs the teachers further planning, activities and level of instruction.

Information will be shared with parents/ guardians at parent teacher meetings and in report cards.

4. Children with Different Needs

Teachers support and ensure the participation of children with special needs. Classes are organised and activities are adapted to include children who have differing needs. We do this by:

- **Applying different levels of difficulty to tasks**
- **Setting a common task but allowing children to operate at different levels**
- **Grouping children sometimes by ability and sometimes by gender**
- **Placing an emphasis on a variety of strands, strand units or different activities within a strand**

5. Equality of Participation and Access

PE is taught in line with our equality policy.

6. Linkage and Integration

Opportunities for linkage and integration exist throughout all levels. Teachers will identify these opportunities when planning the programme.

• Organisational Planning

7. Timetable

PE will be programmed for one hour per week. There is a seven/ eight week programme of visits to a local swimming pool to develop the pool based aspects of the aquatic strand.

September-October	November-December	January-March	April-June
Games	Dance	Gymnastics	Games
Athletics	Gymnastics	Dance	Outdoor/ Adv.
	Aquatics*	Games	Athletics
		Aquatics*	

- Participation in the pool sessions of the aquatics strand of the P.E Curriculum is mandatory unless a doctor's note is provided stating that the child is unable to participate in the lessons.**

*** Timetabling of Aquatics is dependent on the availability of the pool.**

8. Code of Ethics

The "Children First" Guidelines will be adhered to. In any circumstance where an outside coach is used a member of the teaching staff will also be present

9. PE Equipment

There is an inventory of PE equipment. We take care to choose appropriate equipment for PE. It is stored carefully and available to all teachers. Equipment is purchased centrally when funds are available. At present due to lack of funding we don't have all necessary equipment for implementation of the PE curriculum.

10. Health and Safety

- Safety precautions are taken at all times but cannot remove all risks.**
- In the case of an accident teachers will act with due care and consideration according to the circumstances.**
- We will ensure that at all times one member of staff have first aid qualifications.**
- All staff members will be aware that certain children have specific medical conditions.**

11. Individual Teachers' Planning and Reporting

- The whole school plan and the curriculum documents will provide information and guidance to individual teachers for their long and short term planning.**
- Teachers will plan using the strands and strand units, at times using a thematic approach.**
- The Cuntas Miosuil will serve as a record of work covered and will inform future planning.**

14. Staff Development

The PE coordinator will, where possible, attend courses, seminars etc and feed back to staff. We will actively pursue resources and services provided by outside sporting bodies.

15. Parental Involvement

- The PE plan is available for parents/guardians in the office and on the school web site.
- PE will be presented to parents as an integral and valued part of the curriculum.
- Parents will be invited to the “Sport for All” day in the school.

• Success Criteria.

- Cúntas Míósúil
- Teacher/ parent/ children’s feedback

• Implementation

(a) Roles and Responsibilities

- PE coordinator (Joe Leacy) will monitor and evaluate the plan over the coming year.

(a) Timeframe

- We will review this plan in consultation with the PE Facilitator in the academic year 2013/2014

• Review

(a) Roles and Responsibilities

- PE coordinator (Joe Leacy) will monitor and evaluate the plan over the coming year.

(a) Timeframe

- We will review this plan in consultation with the PE Facilitator in the academic year 2013/2014

• Ratification and Communication

This plan will be presented to the BOM at the next scheduled meeting.